

AUSTRALIAN DIGITAL HEALTH AGENCY

Upcoming consumer online learning sessions



Digital health learning: for everyone

Join our [free live online learning sessions](#) to find out how you can use digital health tools such as My Health Record, the **my health** app and electronic prescriptions.

You can join our free online learning sessions remotely from anywhere with an internet connection. Learn from a range of presenters and have your questions answered.

Browse the topics below and [register for an upcoming session](#) or [view a recording](#), including [Auslan interpreted recordings](#).

The Agency also has a range of self-paced [eLearning resources](#) that you can access anytime.



September 2023

Keeping your My Health Record private and secure

Thursday 7th September

Time: 12.30 – 1.00pm AEST

Join this session to find out more about the privacy and security features of My Health Record. Individuals can manage information in their My Health Record, control who has access to it and see what information has been accessed by their representatives or healthcare providers. Information in the My Health Record system is protected by legislation and cybersecurity features to ensure the information is safe and secure. There will also be time for questions and answers at the end of the session.

Register here -

<https://attendee.gotowebinar.com/rt/2156893700150665305?source=cp>

Introduction to My Health Record

Thursday 14th September

Time: 12.30 – 1.00pm AEST

My Health Record is a safe and secure place to keep your key health information. It is available to you and your healthcare providers anytime, including in an emergency. Join this session to learn more about the benefits of My Health Record and what is in My Health Record. Learn how My Health Record keeps your health information secure and where to learn more about digital health. There will also be an opportunity for questions and answers at the end of the session.

Register here -

<https://attendee.gotowebinar.com/rt/8368404321215720280?source=cp>



How can I view test results or scans in My Health Record?

Wednesday 20th September

Time: 11.00 – 11.30am AEST

Would you like to know more about how to access your pathology tests and diagnostic imaging reports (such as ultrasounds or X-Ray) in your My Health Record? Join this session to hear more about the range of registered pathology laboratories and diagnostic imaging services that upload test and scan results to My Health Record. You will also learn more detail around when your test results will be available and where to find them. There will also be an opportunity for questions and answers at the end of the session.

Register here -

<https://attendee.gotowebinar.com/rt/7329894698477323867?source=cp>

Medicines information, allergies and adverse reactions in My Health Record

Thursday 28th September

Time: 2.30 – 3.00pm AEST

My Health Record includes important medicines information and allergies and adverse reactions information. This information may be added by you, healthcare providers involved in your care or your representatives. Learn more about how you can view and keep track of this information and ensure it is up to date. There will also be time for questions and answers at the end of the session.

Register here -

<https://attendee.gotowebinar.com/rt/3952298332043472472?source=cp>



October 2023

How My Health Record can help support your mental health management

Tuesday 5th October

Time: 12.00 – 12.30pm AEDT

During Mental Health Month, learn how My Health Record can support your mental health journey. Join this session to learn more about how My Health Record can help you, your healthcare providers, and any representatives you may have to help make better decisions for your health. Learn how you can manage My Health Record privacy and security settings, and where you can learn more. There will also be an opportunity for questions and answers at the end of the session.

Register here -

<https://attendee.gotowebinar.com/rt/2845039545338708822?source=cp>

My Health Record for carers

Friday 20th October

Time: 12.00 – 12.30pm AEDT

Carers play an important role in managing the health information of the person they are caring for. Join this session to celebrate National Carers Week and find out more about how carers can access and manage the My Health Record of an individual. This session will cover the role of authorised and nominated representatives. There will also be an opportunity for questions and answers at the end of the session.

Register here -

<https://attendee.gotowebinar.com/rt/2448826132223570521?source=cp>



Health on the go: **my health** app for travellers

Wednesday 25th October

Time: 1.00 – 1.30pm AEDT

The **my health** app lets you view and download key health information that you, your healthcare providers or representatives have added to My Health Record. The **my health** app is fast, easy, and secure – and you can access and share it all from the palm of your hand no matter where you are. Join this session to learn how the **my health** app can help you make better decisions for your health while you travel.

Register here -

<https://attendee.gotowebinar.com/rt/9009827519442847061?source=cp>



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