



The Hon Emma McBride MP

Assistant Minister for Mental Health and Suicide Prevention
Assistant Minister for Rural and Regional Health

MEDIA RELEASE

BETTER CARE FOR PEOPLE LIVING WITH EATING DISORDERS

The Albanese Government is investing \$13 million to help mental health professionals and researchers improve treatment outcomes for Australians living with eating disorders.

The InsideOut Institute will receive \$13 million to fund the Australian Eating Disorders Research and Translation Centre, which was officially launched by the Assistant Minister for Mental Health and Suicide Prevention, Emma McBride at the University of Sydney yesterday.

Eating disorders have some of the highest mortality rates of any mental illness and many Australians often go undiagnosed.

The new centre will focus on research to prevent and treat eating disorders, translating these developments into frontline services and co-designing treatments with people with lived experience, their family, and carers.

The InsideOut Institute will also receive \$1.9 million in grant funding from the Australian Government to train staff at Head to Health and headspace centres to identify people with eating disorders and provide evidence-based care for them.

While that work is underway, the Institute has begun treating patients living with eating disorders on lengthy waiting lists.

Quotes attributable to Assistant Minister, Emma McBride:

“Eating disorders can have a traumatic impact on individuals and their families, which is why the Albanese Government is determined to improve treatment options for all Australians.”

“The InsideOut Institute and the Australian Eating Disorders Research and Translation Centre will bring mental health professionals together from around the country to develop better treatment options for people living with eating disorders.”

“This Centre will improve the lives of people living with mental ill-health and make sure they can get the care and support they need, when they need it.”

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