



Are you looking for a program for older Aboriginal people for 2022?

Join our webinar to find out about the Ironbark Project – a healthy ageing study for older Aboriginal people

UNSW and the Ironbark team are proud to announce we've re-started Ironbark in NSW.

The study compares the health impacts of two programs: Standing Strong and Tall (an exercise program) and Healthy Community (a social program).

We will fund and train services to run one of these programs weekly for 12 months.

We will be holding webinars for interested NSW services in 2022

**Please contact Sallie for dates and to register:
s.cairnduff@unsw.edu.au OR 02 9065 7344**

www.ironbarkproject.org.au



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SYDNEY**