

# *caring@home* for Aboriginal and Torres Strait Islander Families

The aim of this project is to support the provision of palliative care at home for Aboriginal and Torres Strait Islander people.

When care at home is preferred, it can be provided to help connect family, culture, community, country and the spiritual wellbeing of Aboriginal and Torres Strait Islander people.

Tailored *caring@home* resources will be developed and applicable Australia-wide for clinical services, health professionals and families to help manage breakthrough symptoms safely using subcutaneous medicines. These resources are one tool to assist Aboriginal and Torres Strait Islander families who choose to support a family member to be cared for and remain at home for the final stage of their life-course, if that is their choice.

## Activities

*caring@home* for Aboriginal and Torres Strait Islander Families will:

- Undertake consultation with Aboriginal and Torres Strait Islander families, health professionals and communities
- Develop tailored carer resources for Aboriginal and Torres Strait Islander families
- Provide online and face-to-face education for health professionals including Aboriginal Health Workers and Aboriginal Health Practitioners
- Undertake a national roll out of the new resources via communication and marketing activities
- Evaluate the project.

## Existing *caring@home* resources

In 2018, *caring@home* developed palliative care resources for organisations, health professionals and carers to support carers to help manage breakthrough symptoms safely using subcutaneous medicines for a person in their care at home.

These resources have been widely taken up across all states and territories in Australia by specialist and generalist services. Evaluation data indicates a positive response to resources from carers and health professionals. The free resources can be ordered as hard copies or downloaded from the website and are applicable in all jurisdictions across Australia.

## For more information

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🌐 [www.caringathomeproject.com.au](http://www.caringathomeproject.com.au)

## How to participate in consultation

Nationwide consultation is now occurring about how existing *caring@home* resources can be tailored to meet the needs of Aboriginal and Torres Strait Islander families.

There are a number of ways to participate in consultation, including:

- attending in person events in every State and Territory
- completing an online survey
- taking part in online Microsoft teams meetings
- arranging a one-on-one conversation with the Project Manager.
- More details are available from [www.caringathomeproject.com.au/consultation](http://www.caringathomeproject.com.au/consultation)

## Who's involved in the project?



### Funding

This national palliative care project is funded by the Australian Government Department of Health and conducted by a consortium led by Brisbane South Palliative Care Collaborative.