

**TARA MORIARTY MLC  
SHADOW MINISTER FOR MENTAL HEALTH**

**LABOR CALLS FOR URGENT ACTION TO REDUCE SELF HARM IN YOUNG  
PEOPLE**

NSW Labor is calling on the NSW Government to urgently act on reports of a significant 25% spike in young people presenting to emergency departments with self-harm issues.

The Shadow Minister for Mental Health Tara Moriarty said “These reports are alarming and show young people are in the midst of a mental health crisis.

“The Government must act now. It is not enough for the Minister to say to say it’s being looked at. Young people experiencing mental health issues cannot wait for more support,” Ms Moriarty said.

Labor has repeatedly called on the to Government increase mental health support services in NSW. The Government must fast-track its commitment to provide a counsellor in every public school, but it’s dragging its feet.

“This is a Government that recognises a problem but is slow to act when it comes to young people’s mental health,” Ms Moriarty said.

“The NSW Government needs to prioritise the mental health of our young people as a matter of urgency or risk a further rise in self-harm presentations at emergency departments.”

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