



A user-friendly, practical guideline to help health professionals deliver preventive healthcare that can best meet the needs of Aboriginal and Torres Strait Islander people across Australia.



The National Guide was conceived by the National Aboriginal Community Controlled Health Organisation (NACCHO) in 2001, and is now in its third edition being developed in partnership by NACCHO and The Royal Australian College of General Practitioners (RACGP).

What is the National Guide?

Who is it for?

All health professionals delivering primary healthcare for the benefit of Aboriginal and Torres Strait Islander people.

Why use it?

- To help prevent disease, detect early and unrecognised disease, promote health, and consider broader social interventions, while allowing for local and regional variations.
- For evidence-based recommendations and good practice points.
- For the child, young people and adult lifecycle wall charts with age-specific recommendations.
- For the resource lists.

When will it be published?

The third edition of the National Guide and following associated resources will be available in early 2018:

- National Guide website – improved design and usability
- National Guide recommendations – limited print run for ACCHSs
- National Guide evidence base – downloadable PDF.

What's happening in 2018 to accompany the launch of the National Guide?

- The third edition of the National Guide will be distributed to NACCHO Affiliates and health services.
- NACCHO and RACGP will be hosting workshops across Australia to support implementation of the National Guide.

What's new in the third edition?

New topics:

- Fetal alcohol spectrum disorder
- Interventions to prevent child maltreatment – optimising child health and wellbeing
- Antenatal care section is now expanded
- Family abuse and violence
- Lung cancer
- Young people lifecycle summary wall chart to complement the existing child and adult charts.

What you will find in the National Guide

Screening and preventive healthcare recommendations in the following chapters:

1. Lifestyle
2. Antenatal care
3. Child health
4. The health of young people
5. The health of older people
6. Eye health
7. Hearing loss
8. Oral and dental health
9. Respiratory health
10. Acute rheumatic fever and rheumatic heart disease
11. Cardiovascular disease prevention
12. Type 2 diabetes prevention and management
13. Chronic kidney disease prevention and management
14. Sexual health and blood-borne viruses
15. Prevention and early detection of cancer
16. Family abuse and violence
17. Mental health.

How to access the National Guide:

The third edition of the National Guide will be available early 2018.

Free to download on the RACGP website and the NACCHO website:
www.racgp.org.au/national-guide/
and www.naccho.org.au

For further information, contact RACGP Aboriginal and Torres Strait Islander Health on **1800 000 251** or aboriginalhealth@racgp.org.au